

Plants and Flowers Activities for Monday

On the Move

Pin the Petal on the Flower

The wind has blown all of the flower petals away! Help the flowers by pinning their petals back onto their bodies.

Materials:

- Paper
- Tape or Glue Stick
- Art Materials (crayons, markers, glitter, pom pom balls, etc.)
- An Open Wall or Table

Instructions:

1. Create flowers by drawing a circle center and varied-shaped petals.
2. Cut the shapes out separately and decorate as desired (feel free to add a happy facial expression to your flower centers).
3. Attach a small roll of tape or a dot of glue stick to the base of each petal.
4. Have your toddler attach the petals to each flower.

For added fun, your child can mix and match the different colors and shapes to make different flowers of their choosing, or this can double as a sorting activity for older toddlers, having them match the flower petals to the color of the center.

Adventures Online

5 Little Flowers

Sing and dance along with this song about 5 flowers!

https://www.youtube.com/watch?v=eFWXPmUg_IQ

Don't forget to be silly, relax and have fun! Make faces, use gestures as you sing and move together.

Sensory Time

Back Yard Textures

Investigate the many textures available outside through sticks, grass dirt.

Materials:

- Sticks
- Grass
- Dirt
- Other outdoor findings

Instructions:

1. Take your child out to the yard or outside.
2. Take off their shoes and let them feel the cool grass under their feet and between their toes.
3. Look for other items out in nature and talk about how they feel- are they smooth, soft, rough, hard, etc.
4. Digging in the dirt with their hands or a stick is another great way to explore textures and feelings outdoors.

Story Time

The Happy Hat

Feeling Sad? Read about a Happy Hat.

<https://www.storyberries.com/short-stories-for-kids-the-happy-hat-by-jade-maitre/>

Make your own Happy Hat.

Materials:

- Paper
- crayons
- flowers
- tape/glue

Instructions:

1. Find a hat that fits on your child's head, or make one out of paper
2. Find flowers outside, or make them from paper (see other activities this week)
3. Glue or tape them to your hat to make a Happy Hat!

Arts and Creativity

Coffee Filter Flowers

Enjoy these beautiful flowers to display, or to play with!

Materials:

- Coffee filter, paper towel or napkin
- Food coloring, watercolor paints, or washable markers
- Cups or bowls
- Eye dropper (optional) or paintbrush, or cotton swab or just your toddler's fingers!
- Straw, pencil, stick, or pipe cleaner
- Tape

Instructions:

1. Lay out the coffee filter, napkin, or paper towel on a tray or a table that is water-safe.
2. Add food coloring to a small amount of water, or use watercolor paints, or washable markers.
3. Show them how to use the colors to decorate the coffee filter using a paintbrush, cotton swab, marker or their fingers.
4. If they use markers, after they finish, spray the coffee filter with water and watch the colors spread!
5. Allow their artwork to dry.
6. Once dried, you can cut it into a flower shape, or fold the artwork to make a flower, using a pencil, pipe cleaner, straw or stick as the stem! You can also lay it flat and tape it on a window to show off the pretty colors!